

THAI SA-ON

Our Story




Thai Sa-On is locally family owned restaurant. Established in 1989, my mother and my sisters were doing all the cooking with over 100 items on the menu. They had so much passion and love for cooking.

The word Sa-On means to be pleased and satisfied. Our mission was to become the best Thai restaurant in the city so we've strived for excellence. As the oldest son of the family who had no talent in cooking but have a lot of interest for wine, I knew that Thai food and wine could really create a phenomenal for dining experience. I've started to develop my passion for wine and collected high quality wine to offer our customers at good value. At Thai Sa-On, we are also known among diners as the Best Wine in the city.

With years after years of awards and recognitions, Thai Sa-On has become the icon for Thai Dining in Calgary. We are truly appreciated your supports over the last three decades and looking forward to bringing more excellent Thai food to your tables here or at the comfort of your home.

Cheers!

Sam Chanhao
Thai Sa On President
White Hat Award Nominee, 2020:Restaurant Field

mild 
medium 
hot 
(gf) gluten friendly

AppetiZa-On

These fun appetizers are made in house. Highly recommended for enhancing your dining experience!

1. Golden Rolls (12)
Deep fried pork roll served with sweet chili sauce. \$12.95
2. Spring Rolls (4)
Chicken or vegetarian spring rolls served with sweet chili sauce. \$10.95
3. Chicken Satay (4) 🌶️ (gf)
Barbeque chicken skewers served with peanut sauce. \$13.95
4. Stuffed Chicken Wings (2) 🌶️ (gf)
Boneless chicken wings stuffed with pork mixed with mild chili paste and herbs. \$13.95
5. Jade Flowers (4)
Flower shape chicken dumpling drizzled with garlic oil. \$12.95
6. Fried tofu (6) 🌶️ (gf)
Deep fried tofu served with peanut sauce. \$6.95

Soup & Salad

We bring the Thai experience to you.

10. Tom Yum Goong 🌶️🌶️ (gf)
Thai Style hot and sour soup with prawns (4) and mushroom. \$13.95
11. Tom Kha Gai
Chicken and mushroom in Coconut milk soup. \$13.95
12. Green Papaya Salad 🌶️🌶️ (gf)
Shredded green papaya, tomatoes, and prawns in chili lime dressing and peanut. \$13.95

Sa-On Signatures

These dishes will make you crave for more! They are the most favorite dishes at Thai Sa On.

20. Swimming Rama 🌶️ (gf)
Chicken topped with flavorful peanut sauce served on a bed of spinach. \$18.95
Add \$7 for prawns option
21. Jacky Chan 🌶️🌶️ (gf)
Beef Salad with tomatoes, onion, cucumber and fresh herbs in chili lime dressing. \$18.95
22. Crying Tiger 🌶️🌶️ (gf)
Barbeque rib eye steak mixed with chili, lime juice, rice crumb and fresh herbs. \$18.95
23. Sa-On's Tilapia 🌶️🌶️ (gf)
Deep fried whole Tilapia topped with house garlic chili sauce. \$24.95

Sa-On Stir-Fried

Thai stir-fried are different from Chinese because we add herbs and spices which are local to Thailand. We invite you to taste the differences.

24. Spicy Basil 🌶️🌶️
Spicy garlic chili sauce with basil, choice of chicken, pork, beef or tofu. \$18.95
25. Lemongrass Lovers 🌶️
Stir-fried in lemongrass chili sauce, choice of chicken, pork, beef or tofu. \$18.95
26. Cashew Chicken 🌶️
Chicken stir-fried in mild chili sauce. \$18.95
27. Tamarind Chicken (gf)
Crispy chicken in sweet and sour tamarind sauce. \$18.95
28. Veggie Delight
Mixed vegetable in oyster sauce topped with fried garlic, choice of chicken, pork, beef or tofu. \$18.95

Curries

Our Classic 5 curries are perfectly a balance of flavors, free of gluten and dairy.

Choice of Chicken, pork, beef or tofu. \$18.95

Prawns or seafood add \$7

Extra vegetables add \$3

30. Green Curry 🌶️

Zucchini, peppers and basil.

31. Red Curry 🌶️🌶️

Bamboo, zucchini, mushroom, peppers and basil.

32. Panang Curry 🌶️

Peppers, carrots and lime leaves.

33. Masman Curry 🌶️

Potaotes, onion and peanuts.

34. Yellow Curry 🌶️

Potatoes and onion.

Noodles & Rice

Fried rice and fried noodles are popular Thai Street Food. They go well by themselves or with any dishes.

40. Pad Thai (gf)

Rice noodles stir fried with chicken, tofu, egg, chive, beansprouts and carrots in tamarind sauce.

\$16.95

With Prawns. \$19.95

41. Pad Se Ew

Fresh rice noodles stir-fried in dark soy sauce with broccoli and egg. \$16.95

42. Drunken Noodles 🌶️

Fresh rice noodles stir fried with choice of chicken or beef in smoke chili sauce. \$16.95

43. Sa-On Fried Rice

Chicken fried rice in mild curry powder with vegetable and cashew nuts. \$16.95

44. Hot Basil Fried Rice 🌶️🌶️

Spicy beef fried rice with hot basil. \$16.95

45. Coconut Rice. \$3.50/16 oz.

46. Jasmine Rice. \$3.00/16oz.

Desserts

It's a great way to cool off the spice!

51. Fried Bananas with coconut gelato \$7.95

52. Sweet Sticky Rice with Mango \$6.95